



Academic Readiness Adaptive Virtual Learning

ECSE

Feelings

April 30, 2020



Early Childhood Special Education Adaptive Lesson: April 20 2020

Learning Target:

Students will identify the feelings of tired, happy, sad and mad.

Let's Get Started: [The Feeling Song](#)

Practice:

Which child is tired?



Practice:

Which child is happy?



Practice:

Which child is sad?



Practice:

Which child is mad?



Activity:

Feeling Matching Game:

Materials: Paper plates, markers/pencils

Directions:

- Label each plate with tired, happy, sad and mad
- Draw or print feelings to play a matching game with your child



Alternative Activity:

- Use plastic eggs and draw eyes on the top half and a mouth on the bottom half of the egg.
- Match the top to the bottom



Self Check:

Check your students responses



1. Was this lesson?

easy

just right

hard

2. Ask your child what makes them feel better when they are sad or mad.